

Osborn Psychiatry, PLLC does not participate in insurance plans and is considered an out-of-network provider. Patients pay Osborn Psychiatry, PLLC directly for their treatment sessions at each visit. If they have out-of-network benefits, the insurance company may provide reimbursement. A superbill will be provided after each encounter which contains diagnosis code and CPT code. Please note that as a fee-for service practice I am legally unable to see Medicare patients at this time.

The CPT codes typically used are:

- CPT Code: 99205. Initial Psychiatric evaluation
- CPT Code: 99214. Evaluation and Management of an established patient
- CPT Code: 99214 + 90836: Evaluation and Management of an Established Patient plus psychotherapy
- CPT Code: 90834: 45 Minutes Psychotherapy

In order to verify out-of-network benefits one should call the insurance company and ask the following questions:

1. Do I have out of network mental health benefits?
2. Do I need to obtain prior authorization, and if so how?
3. Must I pay any deductibles or co-insurance amounts before benefits start?
4. When benefits do start, what percentage is covered?
5. To whom do I submit bills for reimbursement?
6. Are any special forms required by the insurance company?